

2024-25 Winter Athletes & Coaches of the Year

Boys Basketball	
Athlete of the Year (School)	Kingston McKoy (Berks Catholic)
Coach of the Year (School)	Matt Coldren (Wilson)

Girls Basketball	
Athlete of the Year (School)	Amaya Stewart (Wyomissing)
Coach of the Year (School)	Rashida Suber (Reading)

Boys Bowling	
Athlete of the Year (School)	Colton Buckley (Wilson)
Coach of the Year (School)	Lou Ellis (Exeter)

Girls Bowling	
Athlete of the Year (School)	Valleri Addis (Governor Mifflin)
Coach of the Year (School)	Kari Addis (Governor Mifflin)

Boys Swimming & Diving	
Swimmer of the Year (School)	Braden Weise (Governor Mifflin)
Diver of the Year (School)	Alex Wodehouse (Governor Mifflin)
Coach of the Year (School)	Roy Snyder (Wilson)

Girls Swimming & Diving	
Swimmer of the Year (School)	Emma Dougherty (Wilson)
Diver of the Year (School)	Charlotte Swedeman (Schuylkill Valley)
Coach of the Year (School)	Tom Houck (Wilson)

Wrestling	
Athlete of the Year (School)	McKaden Speece (Wilson)
Coach of the Year (School)	Derek Sola (Berks Catholic)