

2023 Girls Track & Field BCIAA All-Stars

Athlete of the Year	TBD	TBD
Coach of the Year	TBD	TBD

Event	All-Conference (Grade)	School
100M	Alexis Hardy (10)	Wyomissing
200M	Nadly Gyapong (11)	Muhlenberg
400M	Sarah Ann Miller (12)	Twin Valley
800M	Sarah Ann Miller (12)	Twin Valley
1600M	Gabrielle Keith (11)	Exeter Township
3200M	Kaitlyn Highduch(11)	Governor Mifflin
110 Hurdles	Katelyn Murphy (12)	Conrad Weiser
300 Hurdles	Violet Houck (9)	Wilson
4x100 Relay	Violet Houck (9), Mia Brown (12), Erika Culp (12), Cat Arentz (12)	Wilson
4x400 Relay	Cat Arentz (12), Mia Brown (12), Violet Houck (9), Erika Culp (12)	Wilson
4x800 Relay	Ally Devine (10), Olivia Lampron (11), Michaela Burkey (12), Mackenzie Langdon (11)	Berks Catholic
Long Jump	Annie Gao (11)	Schuylkill Valley
Triple Jump	Clara Engel (9)	Kutztown
High Jump	Julia Rosenberger (11)	Berks Catholic
Shot Put	D'Mornay Woollery (12)	Muhlenberg
Discus	Emma Deyarmin (12)	Schuylkill Valley
Javelin	Lauren Akers (11)	Kutztown
Pole Vault	Hayden Adams (11)	Exeter Township

Event	All-Division 1 (Grade)	School
100M	Nadly Gyapong (11)	Muhlenberg
200M	Mia Brown (12)	Wilson
400M	Erika Culp (12)	Wilson
800M	Ella Reidinger (9)	Wilson
1600M	Carly Keith (9)	Exeter Township
3200M	Lydia Drago(10)	Governor Mifflin
110 Hurdles	Violet Houck (9)	Wilson
300 Hurdles	Nadia Medianick (10)	Governor Mifflin
4x100 Relay	Nadly Gyapong (11), Kiaraly Colon-Mojica(12), Jaeylin Rodriguez(11), Skylar Laffey(12)	Muhlenberg
4x400 Relay	Janitza Hernandez-Albino (12)Talis Hernandez(11) Rosnelly Sanchez De Aza(12) Wailany De La Cruz(9)	Reading
4x800 Relay	Evie Eastman (12), Kyrianna Nemitz (12), Cameran Huyett (10), Ella Reidinger (9)	Wilson
Long Jump	Catherine Arentz (12)	Wilson
Triple Jump	Aaliyah Ware (11)	Exeter Township
High Jump	Aubrey Moyer (11)	Wilson
Shot Put	Kemi Ojikutu (10)	Wilson
Discus	Maddie Henne (9)	Wilson
Javelin	Mia Vasquez (10)	Governor Mifflin
Pole Vault	Gillian Foster (10)	Exeter Township

Event	All-Division 2	School
100M	Chanel Hercules (12)	Fleetwood
200M	Sarah Ann Miller (12)	Twin Valley
400M	Ava Sallee (11)	Fleetwood
800M	Sydney Werner (12)	Conrad Weiser
1600M	Sydney Werner (12)	Conrad Weiser
3200M	Laura Posh (12)	Twin Valley
110 Hurdles	Hailey Kilgore (9)	Twin Valley
300 Hurdles	Hailey Kilgore (9)	Twin Valley
4x100 Relay	Ava Sallee (11), Gigi Gonzalez (9), Jadelyn Eichert (10), Chanel Hercules (12)	Fleetwood
4x400 Relay	Sarah Miller (12), Laura Posh (12), Addison Pratt (10), Olivia Miller (10)	Twin Valley
4x800 Relay	Sarah Miller (12), Laura Posh (12), Ashley Lavrich (11), Olivia Miller (10)	Twin Valley
Long Jump	Lindsey Preston (12)	Conrad Weiser
Triple Jump	Lindsey Preston (12)	Conrad Weiser
High Jump	Kelsie Toucher (11)	Fleetwood
Shot Put	Emma Deyarmin (12)	Schuylkill Valley
Discus	Amanda Smith (12)	Hamburg
Javelin	Sophia Barrell-Kobryn (10)	Fleetwood
Pole Vault	Kelsie Toucher (11)	Fleetwood

Event	All-Division 3	School
100M	N/A	
200M	Alexis Hardy (10)	Wyomissing
400M	Cadi Hoke (12)	Wyomissing
800M	Addie Cohen (11)	Wyomissing
1600M	Addie Cohen (11)	Wyomissing
3200M	Addie Cohen (11)	Wyomissing
110 Hurdles	N/A	
300 Hurdles	Lyla Pugh (9)	Tulpehocken
4x100 Relay	Ayla Snyder (11), Aliah Contreras (11), Georgia Delucas (10), Alexis Hardy (10)	Wyomissing
4x400 Relay	Vanesa Aguay (11), Hannah Shimp (11), Aliah Contreras (11), Cadi Hoke (12)	Wyomissing
4x800 Relay	Cathryn Fegely(9), Hannah Houp(9), Mia Woodard(11), Taylor Vaccaro(11)	Oley Valley
Long Jump	Clara Engel (9)	Kutztown
Triple Jump	Rebecca Herrmann (12)	Tulpehocken
High Jump	Clara Engle (9)	Kutztown
Shot Put	Faith Price (11)	Berks Catholic
Discus	N/A	
Javelin	Meaghan Miller (11)	Brandywine Heights
Pole Vault	Natalya Hemmings (11)	Wyomissing

Event	Honorable Mention (Grade/School)	Honorable Mention (Grade/School)
100M		
200M		
400M	Hannah Shimp (11/Wyomissing)	Sienna Miller (11/Brandywine Heights)
800M	Vanessa VanTiggelen (12/Tulpehocken)	Addison Benner (10/Brandywine Heights)
1600M	Abigail Gehris (10/Tulpehocken)	Meghan Higgins-Haas (12/Oley Valley)
3200M	Meghan Higgins-Haas (12/Oley Valley)	Lily Asplundh (11/Kutztown)
110 Hurdles	Aliah Contreras (11/Wyomissing)	
300 Hurdles	Aliah Contreras (11/Wyomissing)	
4x100 Relay	Hannah Ray (12), Reece Ferry (11), Layla Reinert (9), Ashley DeLong (12) (Brandywine Heights)	
4x400 Relay	Layla Reinert (9), Ashley DeLong (12), Hannah Ray (12), Sienna Miller (11) (Brandywine Heights)	
4x800 Relay	Vanesa Aguay (11), Kathryn Masano (12), Taylor Butler (11), Hannah Shimp (11) (Wyomissing)	Annaliese Horvath (10), Cloey Renner (9), Addison Benner (10), Sienna Miller (11) (Brandywine Heights)
Long Jump	Chanel Hercules (12/Fleetwood)	
Triple Jump	Emily Cassler (11/Wyomissing)	
High Jump	Kyla Rogers (9/Hamburg)	
Shot Put	Amanda Smith (12/Hamburg)	Alexia Ewing (9/Hamburg)
Discus	Charlotte Prout (9/Oley Valley)	
Javelin	Amanda Smith (12/Hamburg)	
Pole Vault	Ember Sunday (9/Tulpehocken)	

Event	Honorable Mention (Grade/School)
100M	
200M	
400M	
800M	Carly Keith (9/Exeter Township)
1600M	
3200M	
110 Hurdles	
300 Hurdles	
4x100 Relay	

4x400 Relay	
4x800 Relay	Vanessa VanTiggelen (12), Rakya Cullins (9), Faith Forry (12), Abigail Gehris (12) (Tulpehocken)
Long Jump	
Triple Jump	
High Jump	
Shot Put	
Discus	
Javelin	
Pole Vault	